



Cottesmore St. Mary

Catholic Primary School

THE DIOCESE OF ARUNDEL AND BRIGHTON



Autumn RSHE Assessment Statements- Reception

Name: _____

This term in RSHE, you have taken part in the following topics:

- Seal (Social and Emotional Aspects of Learning)
- Mental Health and Wellbeing
- British Values
- RSHE Journey in Love (social & emotional)
- Online Safety
- Good to Be Me
- Anti-Bullying

Statement	C	T
I can say how I am feeling		✓
I can calm myself down		✓
I can share and take turns		✓
I can name different feelings		✓
I can respect all differences		✓
I can explain why I am a special person in my family		✓
I can identify who to go to if I see something unsafe online		✓
I can identify what makes me feel happy and proud		✓
I can understand what respect means and how we can show it		✓
I am learning how I can stand up for myself and who I can ask for help		✓
I understand that bodies and feelings can be hurt by words and actions		✓
I can explain what is kind and unkind behaviour, and how this can affect others		✓
I know what to do if I see something upsetting online		✓
I can explain what to do if a stranger talks to me online		✓



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