

Feedback from Parents and Carers

Really enjoyed the workshop will look out for others!

Great trainers today, thank you. I have a lot to think about.

It felt a very positive, comfortable session, professional and well-led. I took away some key ideas.

Great facilitation
Thank you.

Contact Details –

Natalie Stone – Tarnar Children's Centre - 01273 296700

Tina Goddard – Conway Court Children's Centre – 01273 296356

Vicky Simmons - Moulsecoomb Children's Centre – 01273 294040



Triple P Group Workshops

Is your child testing your limits?

Up and downstairs at bedtime? Not listening to you?

Are you dealing with tears and tantrums?

Are you feeling frazzled and frustrated?

These FREE workshops could be for YOU!

All parents/carers with children aged from 18 months to 7 years (under 8s) are welcome.

Places can be booked by using the contact details listed on the back page.

Workshops are running in different Children's Centres throughout the city and at different times of the day including Saturday mornings. Some workshops have crèche spaces available too.

You can book a place on any workshop across the city.

Children's
Centre Team



Children's Centres Triple P Group Workshops - Autumn 2018



Date	Time	Topic	Children's Centre	Creche	Who to contact to book – Full contact details on next page
Monday 10 Sept 18	11.45am – 2pm	Helping your child to do as they're asked: dealing with disobedience	Conway Court CC Clarendon Road, Hove BN3 3WR	Yes	Tina Goddard or Natalie Stone
Wednesday 26 Sept 18	12.30pm – 2.30pm	Helping your child get along with others: managing fighting and aggression	Hangleton Park CC Harmsworth Crescent Hangleton BN3 8BW	Yes	Tina Goddard or Natalie Stone
Saturday 6 October 18	10.00am – 12.15pm	Helping your child to do as they're asked: dealing with disobedience	Turner CC Ivory Place, Brighton BN2 9QE	No	Natalie Stone or Tina Goddard
Wednesday 17 October 18	12.15pm – 2.30pm	Helping your child to do as they're asked: dealing with disobedience	Hollingdean CC Brentwood Road, Brighton BN1 7DY	Yes	Natalie Stone or Tina Goddard
Saturday 20 October 18	10.00am – 12.15pm	Developing good bedtime routines and sleep habits	Moulsecoomb CC Hodshrove Lane, Brighton BN2 4SE	No	Vicky Simmons or Natalie Stone
Friday 9 November 18	10.00am – 12.15pm	Helping your child to do as they're asked: dealing with disobedience	Roundabout CC Whitehawk Road, BN2 5FL	Yes	Natalie Stone or Tina Goddard
Friday 16 November 18	10.00am – 12.15 pm	Hassle-free Shopping – Out and About	Conway Court CC Clarendon Road, Hove BN3 3WR	Yes	Tina Goddard or Vicky Simmons
Friday 30 November 18	10.00am – 12.15pm	Developing good bedtime routines and sleep habits	Roundabout CC Whitehawk Road, BN2 5FL	Yes	Natalie Stone or Tina Goddard
Saturday 1 December 18	10.00am – 12.15 pm	Helping your child get along with others: managing fighting and aggression	Turner CC Ivory Place, Brighton BN2 9QE	No	Natalie Stone or Tina Goddard
Thursday 6 December 18	10.00am- 12.15pm	Developing good bedtime routines and sleep habits	North Portslade CC The Rise, Portslade BN41 2PY	No	Tina Goddard or Natalie Stone