



**Cottesmore St
Mary Catholic
Primary School**



Inclusion Newsletter September 2017



CONTACT DETAILS FOR INCLUSION MATTERS INCLUDING SEN AND EAL:

Inclusion Coordinator: Anna Mullans
Email: annamullans@cottesmore.brighton-hove.sch.uk

Telephone: 01273 555811
<http://www.cottesmore.brighton-hove.sch.uk/page/inclusion/>

Ofsted (Dec 2012) noted that "In line with other pupils in the school, disabled pupils and those with special educational needs make good progress."

Individual Provision Maps

If your child requires an Individual Provision Map (IPM) you should receive this within the first few weeks of every term. They will be coming out to you shortly. Some children's IPMs will come from Literacy support services, the speech and language team, or other external agencies supporting your child. IPM's are issued termly and will show what your child's specific group or individual provision is, how long this will run and who will be running it. Provisions in place will be reviewed by class teachers at the end of every term. If you have any queries regarding your child's IPM, please speak to your child's class teacher in the first instance, or Anna Mullans if you would like further discussion regarding it.

Intervention in the spotlight

Every newsletter will have information about a specific Intervention that we use at Cottesmore St Mary's to support children.

Lego Therapy

Lego therapy is a social development programme for to support children with social communication difficulties. Children work together to build Lego models and through this have the opportunity to develop social skills such as turn taking, collaboration and social communication.

Lego®- therapy is run in small groups and is led by a trained Teaching Assistant.

Inclusion at Cottesmore St Mary's

As Cottesmore St Mary's School's Inclusion Coordinator (INCo), I am here to offer support and advice regarding additional needs or SEND support for your child. At Cottesmore, we are proud of our 'open door' policy so please do not hesitate to get in touch if you have any concerns or need some support. I am in school every Monday and Tuesday and am happy to meet with you to discuss your child. You can make an appointment by phoning the office. The Inclusion section of our school website is regularly updated to include lots of useful information for parents, including our provision for children with attachment difficulties, young carers information, our SEN information report, referral forms and so on. It also includes links to several external services that parents may wish to engage with. Please do take time to look at the website and check back regularly as it will continue to be updated with new resources. Please do get in touch if you would like any other information.

Upcoming dates for Inclusion

**Tuesday 10th & Thursday 12th October
2017**

**SEN Parent consultation evenings with
Anna Mullans**

Email: annamullans@cottesmore.brighton-hove.sch.uk

School Counselling

At Cottesmore we have the services of an excellent school counsellor, Elizabeth Greenan, who works one to one with children with a range of needs. Further information about this service can be found on the school website in the Inclusion section. If this is something you would like your child to be considered for you will find the required referral form on the website. If you would like to discuss any aspect of this service further then please do get in touch with Anna Mullans via email or phone.

Other specialist services available

At Cottesmore we have the services of a range of outside agencies that support us regarding individual / groups of children including:

- Educational Psychologists
- Language and Literacy teams
- Numbers Count Team
- ASC service for children with autism
- Behaviour team
- School nurse team
- CAMHs (Children and Family Mental Health)
- EMAS for children and families with English as an additional language

...plus many others.

Do get in touch with me should you feel your child requires the support of one of these services.

Parental support

Amaze is a local charity that offers information, advice and support to parents of children with special needs and disabilities in Brighton & Hove. They work to empower parents to help their children live fully socially included lives.

They can be contacted on :

Tel: 01273 772289

Email: info@amazebrighton.org.uk

Cottesmore Local Offer and Website

All schools have to produce an SEN information report and details of all additional provision available at their school called the Local Offer. Please do refer to our school website Inclusion page to see these documents. You can also find the Cottesmore Local Offer at <https://www.brighton-hove.gov.uk/content/children-and-education/special-educational-needs/special-educational-needs>

EMAS

We welcome Marek Kasperek, a specialist teacher from the Ethnic Minority achievement service (EMAS). Marek and his team will be running targeted interventions to support the needs of children with English as an additional language (EAL). Marek and his team bring a wealth of experience and enthusiasm in supporting children to reach their full potential.

If you would like further information about EMAS it can be found on;

<https://www.brighton-hove.gov.uk/content/children-and-education/schools/emas-ethnic-minority-achievement-service>

Sensory room

We are fortunate enough at Cottesmore St Mary's to have a sensory room, which the inclusion team will be developing over the coming weeks. This area can be used to provide space for learning breaks for children who benefit from them. It can also be used for a quiet breathing space and a Counselling room.

Brighton & Hove City Council SEN team

Brighton and Hove Council have a wealth of information regarding the Local Authority's SEN provision and support on their website. This can be found on;

www.brighton-hove.gov.uk/content/children-and-education/special-educational-needs/special-educational-needs

Tel: 01273 293552

Free Parenting Workshops

- 1. Managing Anxiety in Children.*
- 2. Managing Self-destructive and self-harming behaviours in Children.*

Questions or worries about anxiety or self-destructive/ self-harming behaviours?

Wednesday 15th November 9.45–11.45 a.m. — Anxiety

Tuesday 21st November 9.45—11.45 a.m —Self-destructive behaviours.

Bilingual Primary School, Hove

julie.stokes@safety-net.org.uk



For more information about Triple P courses, talks and workshops in Brighton & Hove visit the webpage:

<https://www.brighton-hove.gov.uk/content/children-and-education/childcare-and-family-support/parenting-team>

What is Triple P?

Triple P is one of the most effective evidence-based parenting programmes in the world, backed up by 30 years of on-going research.

Triple P helps you:

- Create a stable, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problem behaviour
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent



Numbers Count

At Cottesmore St Mary's we are fortunate to have a specialist Number Count teacher, Mrs Philippa Earl.

Numbers Count is an intensive and practical intervention for learners in Years 1 to 8 who have difficulties with mathematics. It is delivered by a specially trained teacher who also supports other staff in school.

Numbers Count

supports the new National Curriculum for Mathematics

- raises mathematical attainment for the lowest achievers
- creates an 'in-house specialist' mathematics teacher who helps to raise standards for all learners

Mrs Earl and the inclusion team also provide bespoke Maths booster teaching for targeted groups and the 1st Class at Number intervention.

Mrs Earl will be available to discuss your children progress in the interventions she runs on Tuesday 10th October during parents evening. Contact the office to book an appointment.

Wellbeing Service for children and young people and specialist Child and Adolescent Mental Health services (CAMHS)

From June 2017 you can make a referral, including a self-referral, to the Wellbeing Service Referral and Triage Hub. The hub also coordinates referrals for routine Specialist CAMHS.

Brighton and Hove Wellbeing Service offers a range of support if a child or young person experiencing emotional difficulties such as feeling anxious, low, or depressed. They are an NHS community-based service supporting people from age 4 years upwards in Brighton and Hove.

To discuss your concerns about a young person's emotional wellbeing or mental health before a referral is made you can call the service.

Experience shows that an early consultation can often address concerns and save the need for a referral.

Lines open Monday - Friday 8am - 6pm

0300 002 0060 (Local rate)

bics.brighton-and-hove-wellbeing@nhs.net

Useful links

British Dyslexia association
<http://www.bdadyslexia.org.uk/>

ADHD Foundation
<https://www.adhdfoundation.org.uk/>

The National Autistic Society
<http://www.autism.org.uk/>