



**Cottesmore St
Mary Catholic
Primary School**

Inclusion Newsletter March 2019



CONTACT DETAILS FOR INCLUSION MATTERS INCLUDING SEN AND EAL:

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<http://www.cottesmore.brighton-hove.sch.uk/page/inclusion/>

**Ofsted (November 2017) noted that
'Everyone is inclusive – it doesn't matter
who you are or what level in work you
are'- Cottesmore Child 2017**

Parent/s evenings

I will be holding optional meetings for parents/ carers of children with additional needs if you would like to discuss your child's current provision or any other worries that you may have. The date these will take place will be on **Tuesday 12th March** from **3.45pm**. Please email me on:

carlakemp@cottesmore.brighton-hove.sch.uk to arrange an appointment.

Please note that these meetings are limited and so booking is essential by email beforehand.



Individual Provision Maps

If your child requires an Individual Provision Map (IPM) you should receive this within the first few weeks of every term. The next provision maps will be sent home at the beginning of May (after the Easter holidays). Some children's IPMs will come from Literacy Support Services, the Speech and Language Team, or other external agencies supporting your child. IPM's are issued termly and will show what your child's specific group or individual provision is, how long this will run for and who will be running it. Provisions in place will be reviewed by class teachers at the end of every term.

Inclusion at Cottesmore St Mary's

As Cottesmore St Mary's School's Inclusion Co-ordinator (INCo), whilst Mrs Mullans is on maternity leave, I am here to offer support and advice regarding additional needs or SEND support for your child. At Cottesmore, we are proud of our 'open door' policy so please do not hesitate to get in touch, if you have any concerns or need some support. I am in school every Monday and some Friday's and am happy to meet with you if you have any concerns.

You can make an appointment by phoning the school office or emailing me directly. The Inclusion section of our school website is regularly updated to include lots of useful information for parents, including our provision for children with attachment difficulties, young carers information, our SEN information report, referral forms and so on. It also includes links to several external services that parents may wish to engage with. Please do take time to look at the website and check back regularly as it will continue to be updated with new resources. Please do get in touch if you would like any other information shared via the web-



Intervention in the Spotlight

In every Newsletter we will have a focus on an intervention, that is used in school to help support the children at Cottesmore St Mary.

Narrative Intervention

The Narrative intervention is currently running in Reception and Year 1. The intervention is run in small groups of up to 5 children. Its main focus and aim is to support children who find generating and structuring their sentences difficult.



Before starting the intervention children are given an initial assessment. This allows the teaching assistant to pinpoint areas of strength and weakness and tailor make the intervention to the needs of the group. Each week there is a main focus on the 5 key components: Who, Where, When, What happened and the Ending. The children learn the associated Makaton signs for these components and this further helps them to understand what skills they are building on. One of the key focuses is to enable children make connections and build on these with language. Key ideas are revisited and extended and visual and auditory prompts are used to



further extend their understanding and learning. At the end of the intervention, the same assessment is given (from the start) and this is used to give a clear idea of progress made as well as how to further their sentence building and structuring on in the classroom. All year groups build on these skills and use these within their classes.



Brighton and Hove Inclusion Service (BHISS)

Brighton & Hove Inclusion Support Service (BHISS) is a multi-disciplinary team of professionals who work with children and young people with special educational needs and disabilities (SEND) and their families through schools and other educational settings. BHISS is an important part of Brighton & Hove's Local Offer for children and young people with SEND.

Some of this support offered in school may be given by working directly with the child, other times support it is given by observing and suggesting new strategies for the teacher or teaching assistant to use

The BHISS team is made up of Educational Psychologists, Autism Advisors, Primary Mental Health Workers, Behaviour Specialists Social, Emotional and Mental Health advisors, Family Support Workers and Auditory/ Visual clinicians.

By working alongside all of these professionals we ensure that children who have additional needs are well managed and cared for.

BHISS also offer supportive parent/carer workshops and coffee mornings for children with Autism and these can be booked via email on: andrew.palmer@brighton-hove.gcsx.gov.uk .

A few of the upcoming coffee mornings can be found on the Upcoming Dates section of the newsletter.

Upcoming dates for Inclusion

Tuesday 12th March

Parents Evening
All parents of children with additional needs are welcome to arrange a meeting with me to discuss their child's provision or any other worries. Please email to book. These are limited.

BHISS Workshop for children with ASC

Wednesday 6th March 2019, 9.30-11.30 a.m
Anxiety: what it is, how it shows, and strategies for helping you to manage it.

BHISS Coffee Mornings for children with ASC

Tuesday 2nd April 2019, 9.30-11.30 a.m.
Theme: Early Years
Tuesday 4th June 2019, 9.30-11.30 a.m.
Theme: Sensory Needs

Parental support

Amaze is a local charity that offers information, advice and support to parents of children with special needs and disabilities in Brighton & Hove. They work to empower parents to help their children live fully socially included lives.

They can be contacted on :

Tel: 01273 772289
Email: info@amazebrighton.org.uk
<http://amazebrighton.org.uk>





for every parent

What is Triple P?

Triple P is one of the most effective evidence-based parenting programmes in the world, backed up by 30 years of on-going research.

Triple P helps you:

- Create a stable, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problem behaviour
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent

For more information about Triple P courses, talks and workshops in Brighton & Hove visit the website on: <https://www.brighton-hove.gov.uk/content/children-and-education/childcare-and-family-support/parenting-team>



Triple P are currently offering a wide range of groups during the day, evening, and weekend, with the aim of supporting you to make positive changes within your family in a safe and friendly environment.



Current groups on offer include:

- Parenting Skills Group
- Discussion Group
- Separated Parents Group
- Enhanced Groups
- Specialist Groups.

Please do contact me or go online to find out any more information if you wish.



Other specialist services available

At Cottesmore we have the services of a range of outside agencies that support us regarding individual / groups of children Including:

- Educational Psychologists
- Language and Literacy teams
- Numbers Count Team
- ASC service for children with autism
- Behaviour team
- School nurse team
- CAMHs (Children and Family Mental Health)

We also provide an in-school counsellor to see children from reception right through to year 6.

Do get in touch with me should you feel your child requires the support of one of these services.

Useful Links

British Dyslexia Association
<http://www.bdadyslexia.org.uk>

ADHD Foundation
<https://www.adhdfoundation.org.uk>

AMAZE
<https://amazesussex.org.uk/>

The National Autistic Society
<https://www.autism.org.uk/>

<https://www.gov.uk/children-with-special-educational-needs>