



Cottesmore St
Mary Catholic
Primary School

Inclusion Newsletter June 2019



CONTACT DETAILS FOR INCLUSION MATTERS INCLUDING SEN AND EAL:

Inclusion Coordinator: Carla Kemp
Email: carlakemp@cottesmore.brighton-hove.sch.uk

*(For any enquiries from Monday 22nd July—
please contact Anna Mullans on annamullans@cottesmore.brighton-hove.sch.uk) Mrs Mullans will be returning fully to her post of Inclusion Coordinator from September.)*

Telephone: 01273 555811

**Ofsted (November 2017) noted that
'Everyone is inclusive – it doesn't matter
who you are or what level in work you
are'- Cottesmore Child 2017**

A fond farewell

At the end of this academic year, I will be saying a very fond farewell to Cottesmore St Mary so wanted to thank all of the children, parents, carers and school staff for their support this year.

I have thoroughly enjoyed my role in school and have been privileged to work with so many dedicated professionals as well as watching the children grow and develop over this academic year. I will miss the community-feel of the school and working alongside some excellent teachers who strive to deliver the best outcomes for all of the children in their class.

Thankyou to all parents and carers for their ongoing support of the children in the school, especially those with additional needs. I wish you all a very healthy and happy future, and more immediately, a lovely summer!

Kind Regards,

Mrs Carla Kemp

Individual Provision Maps

If your child requires an Individual Provision Map (IPM) you should receive this within the first few weeks of every new term. The next provision maps will be sent home in September. Some children's IPMs will come from Literacy Support Services, the Speech and Language Team, or other external agencies supporting your child. IPM's are issued termly and will show what your child's specific group or individual provision is, how long this will run for and who will be running it. Provisions in place will be reviewed by class teachers at the end of every term.

Inclusion at Cottesmore St Mary's

As Cottesmore St Mary's School's Inclusion Coordinator (INCo), whilst Mrs Mullans is on maternity leave, I am here to offer support and advice regarding additional needs or SEND support for your child. At Cottesmore, we are proud of our 'open door' policy so please do not hesitate to get in touch, if you have any concerns or need some support. I am in school every Monday and Mrs Mullans is slowly returning over the next 6 weeks from her maternity leave. You can make an appointment by phoning the school office or emailing me directly. The Inclusion section of our school website is regularly updated to include lots of useful information for parents, including our provision for children with attachment difficulties, young carers information, our SEN information report, referral forms and so on. It also includes links to several external services that parents may wish to engage with. Please do take time to look at the website and check back regularly as it will continue to be updated with new resources. Please do get in touch if you would like any other information shared via the website.



Intervention in the Spotlight

In every Newsletter we will have a focus on an intervention, that is used in school to help support the children at Cottesmore St Mary.

LEGO Therapy

LEGO Therapy is a social intervention that aims to help enable children to work in small groups as part of a collaborative effort to build a structure out of Lego. It is a child-led peer intervention that builds on children's interests to construct a model out of Lego.

As with other interventions, before starting the intervention, children are given an initial assessment surrounding their social skills and how well they can manage in small groups including their assertiveness. The children are then given 3 main jobs: Engineer, Supplier and Builder.

The Engineer's job is to use plans to describe the model and what bricks are needed, the Supplier's job is select the correct bricks as described by the Engineer and give to the Builder. The Builder's job is then to use verbal instructions to put the model together.

LEGO Therapy helps to build social skills such as sharing, collaboration, conflict resolution and both verbal and non-verbal communication.



The Young Carers Project for Brighton and Hove

The Young Carers Project is part of the local Carers Centre charity supporting unpaid carers in Brighton and Hove. We provide a range of support to Young Carers aged 6-17 who regularly help to look after or are impacted by a family member who has a disability, illness, mental health condition or substance misuse issue. The young person's responsibilities might involve practical tasks, physical care, personal care, managing medication or providing emotional support to the cared for person. Often children and their families do not realise they are Young Carers or that they can access help and support. There are many Young Carers in Brighton and the YCP helps to identify and support pupils who have a caring role.



The project can offer 1-2-1 emotional support to build resilience, opportunities to socialise with other Young Carers, advocacy services to assist a family in their liaison with other professionals on issues relating to the caring role, advice on making transitions in life and how their caring role may be affected as well as workshops to increase Young Carers' knowledge and understanding of their relative's condition

To make a referral or to find out more information please visit <https://carershub.co.uk/services/services-for-young-carers/> or call the Young Carers Project on 01273 746222.

Upcoming dates for Inclusion

Workshops run by Amaze:
(Please book these on info@amazesussex.org.uk)

Annual Reviews (EHCP) 04.07.29

This is a workshop run by AMAZE to help parents/carers understand the EHCP annual review process and to get tips on how to use it to get the best from your child's plan.

How to Claim DLA 26.06.19

Identify whether your child is likely to get DLA and learn how to make a strong claim.

BHSS Coffee Mornings for children with ASC

Thursday 27th June 6.30am—11.30am

Theme: *the EHCP process*

Tuesday 9th July 2019, 9.30–11.30 a.m.

Theme: *Comic Strip Conversations and Social Stories*

Parental support

Amaze is a local charity that offers information, advice and support to parents of children with special needs and disabilities in Brighton & Hove. They work to empower parents to help their children live fully socially included lives.

They can be contacted on :

Tel: 01273 772289

Email: info@amazebrighton.org.uk

<http://amazebrighton.org.uk>





for every parent

What is Triple P?

Triple P is one of the most effective evidence-based parenting programmes in the world, backed up by 30 years of on-going research.

Triple P helps you:

- Create a stable, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problem behaviour
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent

For more information about Triple P courses, talks and workshops in Brighton & Hove visit the website on: <https://www.brighton-hove.gov.uk/content/children-and-education/childcare-and-family-support/parenting-team>



Triple P are currently offering a wide range of groups during the day, evening, and weekend, with the aim of supporting you to make positive changes within your family in a safe and friendly environment.



Upcoming Workshops:

29.06.19—Managing Fighting and Aggression
03.07.19—Dealing with Disobedience
10.07.19—Managing Sleep Issues and Developing Good Bedtime Routines

In addition to these, they also run workshops and groups aimed at 'the tweens' (9-13years old) and teenagers. Please contact the service for more information and to book.



Other specialist services available

At Cottesmore we have the services of a range of outside agencies that support us regarding individual / groups of children Including:

- Educational Psychologists
- Language and Literacy teams
- Numbers Count Team
- ASC service for children with autism
- Behaviour team
- School nurse team
- CAMHs (Children and Family Mental Health)

We also provide an in-school counsellor to see children from reception right through to year 6.

Do get in touch with should you feel your child requires the support of one of these services.

Useful Links

British Dyslexia Association
<http://www.bdadyslexia.org.uk>

ADHD Foundation
<https://www.adhdfoundation.org.uk>

AMAZE
<https://amazesussex.org.uk/>

The National Autistic Society
<https://www.autism.org.uk/>

<https://www.gov.uk/children-with-special-educational-needs>