



**Cottesmore St
Mary Catholic
Primary School**

Inclusion Newsletter November 2018



CONTACT DETAILS FOR INCLUSION MATTERS INCLUDING SEN AND EAL:

Inclusion Coordinator: Carla Kemp
Email: carlakemp@cottesmore.brighton-hove.sch.uk

Telephone: 01273 555811
<http://www.cottesmore.brighton-hove.sch.uk/page/inclusion/>

**Ofsted (November 2017) noted that
'Everyone is inclusive – it doesn't matter
who you are or what level in work you
are'- Cottesmore Child 2017**

Introduction

I am very much looking forwards to getting to know you all over the academic year as well as working with your children. I will be in school on Mondays and some Fridays to answer any queries.

If you do need to contact me—please email me directly whereby I will hope to respond on Mondays if not beforehand.

If you would like to put a name to a face then please do come along on Monday 26th November between 2pm and 3pm to say hello and have a coffee and a general chat. I look forwards to meeting you all hopefully in due course.

Kind Regards,

Mrs Kemp

Individual Provision Maps

If your child requires an Individual Provision Map (IPM) you should receive this within the first few weeks of every term. The next provision maps will be sent home in the first few weeks of January. Some children's IPMs will come from Literacy Support Services, the speech and language team, or other external agencies supporting your child. IPM's are issued termly and will show what your child's specific group or individual provision is, how long this will run for and who will be running it. Provisions in place will be reviewed by class teachers at the end of every term.

Inclusion at Cottesmore St Mary's

As Cottesmore St Mary's School's Inclusion Co-ordinator (INCo), whilst Mrs Mullans is on maternity leave, I am here to offer support and advice regarding additional needs or SEND support for your child. At Cottesmore, we are proud of our 'open door' policy so please do not hesitate to get in touch, if you have any concerns or need some support. I am in school every Monday and some Friday's and am happy to meet with you if you have any concerns.

You can make an appointment by phoning the school office or emailing me directly. The Inclusion section of our school website is regularly updated to include lots of useful information for parents, including our provision for children with attachment difficulties, young carers information, our SEN information report, referral forms and so on. It also includes links to several external services that parents may wish to engage with. Please do take time to look at the website and check back regularly as it will continue to be updated with new resources. Please do get in touch if you would like any other information shared via the web-



Intervention in the Spotlight

In every Newsletter we will have a focus on an intervention, that is used in school to help support the children at Cottesmore St Mary.

WordShark

Wordshark is an intervention to help children develop their skills of learning how to read and spell. It combines the excitement of using games to structure and develop their reading and spelling understanding. Wordshark can be used to help those who are dyslexic or who have dyslexic tendencies, but it has a wide audience and can be used to stretch and challenge able readers and spellers. Its key foci is the teaching of phonics and how to segment and blend sounds to aid spelling, specific word choices used such as homophones and prefixes/suffixes to develop their use of appropriate vocabulary and the use of a variety of games to engage and ensure that the sessions are delivered quickly to ensure engagement.



At Cottesmore St Mary, Wordshark is regularly used in upper KS2 but can be used in other years too. Mrs Georgiou (Year 6 Teaching Assistant) reports that she enjoys working with Wordshark to help support children because of its 'little by little' approach and how it engages them to play whilst learning, which motivates them to want to do as much as they can in the time they have.

Primary Mental Health Support

Our schools allocated Primary Mental Health Worker, Caroline Pendray, is offering a coffee morning for parents or carers who are concerned about their child's emotional mental health and wellbeing on Monday 21st January 2019. This is a chance to have an informal chat about any questions you may have in a safe, friendly environment.

Time slots are limited so booking will be essential. Please contact the school office to register your interest by Monday 17th December. Mrs Kemp will confirm your allocated slot via email, so please ensure that you leave a valid email address too.

In the mean time: for any crisis or urgent concerns please call:

Specialist CAMHS: 0300 304 0061 (office hours)

Sussex Mental Health line (out of hours) 0300 5000 101 5pm-9pm weekends and bank holidays.

[Useful phone numbers/websites/apps:](#)

Childline: 0800 1111 /online chat

Samaritans: 116 123

www.findgetgive.com

www.youngminds.org.uk

Apps: Calm Harm, Smiling Mind, Stay Alive

Upcoming dates for Inclusion

Monday 26th November 2018 - 2.00pm

SEN Parent drop in session

All parents of children with additional needs are welcome to attend for a coffee and a chat to introduce themselves and to meet me.

I will be hosting a drop in session between 2pm —3pm on Monday 26th November. This is primarily to meet the parents of any children who have any additional needs. Please sign up in the office or email me directly.

Monday 21st January 2019 10am

Primary mental Health Worker Caroline Pendray drop in session

Booking is essential—please register your interest through the school office making sure you leave an email address.

Parental support

Amaze is a local charity that offers information, advice and support to parents of children with special needs and disabilities in Brighton & Hove. They work to empower parents to help their children live fully socially included lives.

They can be contacted on :

Tel: 01273 772289

Email: info@amazingbrighton.org.uk

<http://amazingbrighton.org.uk>





for every parent

What is Triple P?

Triple P is one of the most effective evidence-based parenting programmes in the world, backed up by 30 years of on-going research.

Triple P helps you:

- Create a stable, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problem behaviour
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent

For more information about Triple P courses, talks and workshops in Brighton & Hove visit the website on: <https://www.brighton-hove.gov.uk/content/children-and-education/childcare-and-family-support/parenting-team>

The Team

Carla Kemp—Inclusion Coordinator
(Maternity Cover)

***Anna Mullans**—Inclusion Coordinator
(On Maternity Leave)*

Pam Williams—LSS Trained Teaching Assistant

Fiona McEntee—1st Class @ Number trained Teaching Assistant

Marek Kasparek—EMAS Teacher



Other specialist services available

At Cottesmore we have the services of a range of outside agencies that support us regarding individual / groups of children Including:

- Educational Psychologists
- Language and Literacy teams
- Numbers Count Team
- ASC service for children with autism
- Behaviour team
- School nurse team
- CAMHs (Children and Family Mental Health)

...plus many others.

Do get in touch with me should you feel your child requires the support of one of these services.

Useful Links

British Dyslexia Association
<http://www.bdadyslexia.org.uk>

ADHD Foundation
<https://www.adhdfoundation.org.uk>

AMAZE
<https://amazesussex.org.uk/>

The National Autistic Society
<https://www.autism.org.uk/>

<https://www.gov.uk/children-with-special-educational-needs>