

Autumn 2021

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

19/04
10/05
07/06
28/06
19/07
13/09
04/10

Main

Cheese and Tomato Pizza

Sausage Roll with
Homemade Jacket Wedges

Roast Chicken with Roast
Potatoes & Gravy

Spaghetti Bolognese

MSC Fishfingers with Chips
and Homemade Tomato
Sauce

**Vegetarian
V - Vegan**

5 Bean Chilli
with 50:50 Rice (V)

Veggie Mince Bolognese
(V)

Lentil and Vegetable Roast
with Roast Potatoes (V)

Veggie Sausages with
Mashed Potato
& Gravy (V)

Mexican Bean Roll with
Chips and Homemade
Tomato Sauce (V)

Jacket Potato

Tuna Mayonnaise

Baked Beans

Cheese

Tuna Mayonnaise

Cheese

Vegetables

Peas & Carrots

Sweetcorn & Broccoli

Cabbage & Carrots

Sweetcorn & Green Beans

Baked Beans &/or Peas

Dessert

Chocolate & Beetroot
Cake

Wholemeal Peach Crumble
with Custard

Yoghurt & Fruit Station

Apple Flapjack

Vanilla Shortbread with
Fruity Friday

Week Two

26/04
17/05
14/06
05/07
30/08
20/09
11/10

Main

Macaroni Cheese

Farm Assured Beefburger in
a Bun with Jacket Wedges

Roast Turkey with Roast
Potatoes & Gravy

Sweet & Sour Chicken with
50:50 Rice

MSC Breaded Fish with
Chips and Homemade
Tomato Sauce

**Vegetarian
V - Vegan**

Veggie Mince Shepherd's
Pie (V)

Vegetable
Pasta Bake

Quorn Fillet with Roast
Potatoes & Gravy

Cheese and Tomato Pizza

Veggie Sausage in a Roll
with Chips (V)

Jacket Potato

Tuna Mayo & Sweetcorn

Cheese

Baked Beans

Tuna Mayonnaise

Cheese

Vegetables

Peas & Carrots

Sweetcorn or Coleslaw

Carrots & Cabbage

Broccoli & Sweetcorn

Baked Beans &/or Peas

Dessert

Carrot & Courgette Cake

Apple Pie with Custard

Jelly with Ice Cream

Cinnamon Cookie

Chocolate Shortbread with
Fruity Friday

Week Three

03/05
24/05
21/06
12/07
06/09
27/09
18/10

Main

Pork Sausages with
Mashed Potato & Gravy

Breast of Chicken served
with BBQ Sauce & 50:50
Rice

Roast Gammon or Chicken
with Roast Potatoes & Gravy

Chicken & Vegetable Gravy
Pie with New Potatoes

MSC Salmon Fishfingers
with Chips and
Homemade Tomato
Sauce

**Vegetarian
V - Vegan**

Lentil & Sweet Potato
Curry with 50:50 Rice (V)

Macaroni Cheese

Creamy Vegetable Pie with
Roast Potatoes

Quorn Burger in a Bun with
Homemade Jacket Wedges

Spanish Omelette with
Chips and Homemade
Tomato Sauce

Jacket Potato

Tuna Mayonnaise

Baked Beans

Cheese

Tuna Mayonnaise

Cheese

Vegetables

Sliced Carrots & Peas

Red Cabbage Slaw &
Sweetcorn

Cauliflower & Carrots

Sweetcorn & Broccoli

Baked Beans &/or Peas

Dessert

Pinwheel Cookie

Jelly with Mandarins

Peaches and Ice Cream

Fairtrade Banana Loaf &
Custard

Oaty Cookie with
Fruity Friday

Available

Daily:

- Yoghurt and Fresh Fruit available daily as an alternative to the advertised dessert.
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.