



Cottesmore St Mary
Eco Committee November 2020



Helping the UK Grow is a brand new First News, children's movement to unite the country after a difficult year for so many people.

As we continue in our efforts to defeat the virus, First News (the newspaper for children in Cottesmore) is looking forward to better times ahead when we will all pull together.

So, today, the Eco Committee are encouraging you to join the #HelpingTheUKGrow challenge by asking everyone to plant something as a symbol of hope and growth for all our futures. It might be bulbs in your garden or cress on your windowsill. Wherever you are, and whoever you are, let's all grow together.

In school, Mrs Mc Cartney is planting cress, mizuna and spring onions with Year 1 as part of the Forest School. Together, we are aiming for each child in Cottesmore to plant something by the Spring. But don't worry, you can get started today at home! With adult permission from someone at home, we can share the wonderful growth of hope spreading throughout the country.

Please send your pictures to katewilkinson@cottesmore.brighton-hove.sch.uk. I will also add these to the Eco website page: <http://www.cottesmore.brighton-hove.sch.uk/page/eco-council/>.

You can also send them to <https://www.helpingtheukgrow.co.uk> (with adult permission).

Each flower, herb, plant or tree will be shown on the #HelpingTheUKGrow map and every picture will form part of a countrywide mosaic.

Together, we will grow through what we've been through.
And, it is only by growing that we will blossom.



PLANT

Plant your seedling
(indoors or
outdoors!) taking
into consideration
the season
and location



PICTURE

Take a picture of
you planting or just
what you're
planting if you'd
prefer



UPLOAD

Upload your
pictures and we'll
start to publish
them in the next
few weeks.



CHALLENGE

Challenge 3
friends to do the
same!